

## Parenting

### Key Findings

*The 2009 assessment project identified that 11% of parents reported their children did not have health insurance at some time in the past year. 61% of parents with an infant to 4-year-old child used the WIC program.*

### Parenting

- ◆ 11% of parents reported their children did not have health care coverage at some time in the past year.
- ◆ Allen County parents reported using the following programs for their infant to 4-year-old child:
  - WIC (61%)
  - Help Me Grow (28%)
  - Out of home daycare (28%)
  - Head Start (13%)
  - Newborn home visits (9%)
  - Early intervention services (2%)
- ◆ When asked how parents put their infant to sleep, 63% said on their back, 23% said on their stomach, 34% said on their side, 16% said in bed with them or another person, and 10% said multiple ways.
- ◆ A doctor or other health professional had told parents that their children had the following:
  - Chronic respiratory condition such as asthma, chronic bronchitis or sinusitis (17%)
  - Hearing or speech impairment (7%)
  - Mental health disorder such as anxiety, mood, or disruptive disorders (6%)
  - Heart condition such as heart murmurs or congenital defects (4%)
  - Deformity or orthopedic impairment (3%)
  - Autism spectrum disorder (2%)
  - Asperger's Disease (1%)
  - Sickle Cell Disease (1%)
- ◆ Parents with children ages 12 to 17 discussed the following topics with their children in the past year:
  - Dating and relationships (67%)
  - Abstinence and how to refuse sex (64%)
  - Eating habits (60%)
  - Screen time (TV or computer) (57%)
  - Negative effects of alcohol (57%)
  - Negative effects of tobacco (56%)
  - Negative effects of marijuana (54%)
  - Body Image (47%)
  - Birth Control (43%)
  - Condoms, safer sex, and STD prevention (40%)
  - Refusal skills (21%)

### Child Passenger Safety: A four-step process

- ❖ Step 1: Rear-Facing Infant Seats in the back seat from birth to at least one year old and at least 20 lbs.
- ❖ Step 2: Forward-facing Toddler Seats in the back seat from age one and 20 lbs. to about age four and 40 lbs.
- ❖ Step 3: Booster Seats in the back seat from about age four to at least age eight, unless 4'9"
- ❖ Step 4: Safety Belts in the back seat at age eight or older or taller than 4'9"

(Source: United States Department of Transportation, NHTSA, [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov) 9-9-05)

### 2002 Allen County Comparison Data

- ❖ In 2002, 15% of parents reported their child(ren) did not have health care coverage.
- ❖ Parents who reported talking to their children about alcohol, tobacco, and drugs has decreased since 2002. However, parents who talked to their children about sex, birth control, and abstinence has increased.

(Source: Allen County Assessment 2002)