
Why Donate?

- Many people in Allen County, even if they have a job, have to choose between paying for food and paying for utilities, rent or mortgage, or medicine or medical care (based on a study by America's Second Harvest and the West Ohio Food Bank).
- Families with limited incomes often don't eat enough fruits and vegetables.
- Donating fruits and vegetables is a gift of health. Eating plenty of fruits and vegetables lowers risk from high blood pressure, high cholesterol, diabetes, cancer, heart disease, and stroke.



How Can my Church or Organization Help?

- Don't have enough to make the trip? Organize a weekly drop-off location during harvest season, such as your church or home, and take turns bringing in the food.
- Have fruit trees with fruit that goes to waste? Organize a tree fruit harvest party, and check with a listed pantry or kitchen before bringing in the fruit.



Thank you for your donations!

Have questions about Garden Share? Call Monica Harnish at the Allen County Health Department, (419) 228-4457.

Share Your
Garden Harvest
with a Local
Food Pantry
this
Summer



Allen County
Garden Share



Allen County Heart Health Coalition. Funded by the PHHS BC from the CDC and administered by ODH, Bureau of Health Promotion and Risk Reduction, CVH Program. The contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC.



The following places in Allen County will take donations of fresh fruits and vegetables.

- Please donate fresh and undamaged homegrown fruits or vegetables. Remember to donate what you yourself would enjoy eating.
- Please deliver your food during the designated times. To make sure that someone will be on hand to accept your donation, **please call ahead.** Thank you.

Location	Agency	Address	Delivery Times/ Comments	Telephone
FOOD BANK				
Lima	West Ohio Food Bank	1380 E. Kibby St.	Call ahead. Open M- F, 8-4:30.	419-222-7946
SOUP KITCHENS				
Lima	Our Daily Bread Kitchen	125 S. Central	Call ahead. Donate Monday – Friday. 8 a.m. – noon	419-224-2086
Lima	Christian Corner Comm. Center	1601 McClaine Rd.	Call ahead on Mon, Weds, Fri, 8 a.m. – 2 p.m.	419-222-4425
Lima	New Life Church International Soup Kitchen	1180 W. High Street	Call ahead. Open Monday through Thursday; Soup kitchen serves on Saturday	419-999-1615
FOOD PANTRIES				
Cairo	Cairo United Methodist Church	210 W. Main Street	Call ahead. Will take donations 2 nd & 4 th weeks of month for Saturday distribution.	419-641-3401
Delphos	Christian Heritage Food Pantry	10430 Elida Road	Call ahead and talk to Ardith Dewitt	419-695-7055 or 419-692-6786
Harrod	County Line Church of the Brethren	4227 N. Hardin Rd.	Call ahead. Open Tuesdays, Monday donation preferred	419-649-5364
Lima	Allen County Vet's	130 W. Elm St.	Call ahead and talk to Mary Huffer.	419-230-3627
Lima	Cheryl Allen Comm. Center	1802 S. Central Ave.	Call ahead. Open 9 a.m. – 4 p.m. Monday -Thursday	419-222-5011
Lima	Churches United Pantry	129 S. Pierce St.	Call ahead. Usually open limited hours M-F	419-221-3243
Lima	Firm Foundation Food Pantry	125 S. McDonel St.	Call ahead. Pantry open 11-2 on Tuesdays and Thursdays	419-227-8139
Lima	Full Gospel Food Pantry	1520 Stewart Road	Call ahead and talk to Pastor Ed Jarrell	419-228-2068
Lima	Mt. Zion	1690 S. Main St.	Call ahead and talk to Rev. Betty Hampton	419-222-0556
Lima	Midway E. Neighborhd. Center	727 E. Kibby St.	Call ahead. Open 1-5, Monday -Thursday	419-221-5159
Lima	New Beginnings	562 W. Spring St.	Call ahead and talk to Lillice McNeal	419-221-2799
Lima	Salvation Army Food Pantry	614 E. Market St.	Call ahead. Open M-F, 9-12, 1-3 p.m.	419-224-9055
Lima	Tab. Missionary Baptist Church	138 W. North St.	Call ahead. Pastor Napier. Open 3-5 Mondays	419-225-9662