

Allen County WIC Information

Purpose of WIC

To give children the best possible start by providing optimal nutrition during the critical stages of development.

Who is Eligible?

- Pregnant women
- Breastfeeding women
- Postpartum Women
- Infants
- Children younger than 5

Eligibility Requirements

- Meet income guidelines.
(see chart below)
Households with incomes up to 185% of the federal poverty line are eligible.
- Have a nutrition-related health problem.
- Be a resident of Ohio.
WIC clients usually receive services in the county where they live. US Citizenship is not a requirement for eligibility.

How to Sign Up for WIC

- Call 419-224-8200
- Make an appointment to see if you and/or your household members can become WIC clients.
- Bring proof of income.
Anyone on Medicaid already has the right income for WIC. So, bring proof that you and/or our household members are on Medicaid. For each person in your house who has income, bring one of these items:
 - Pay stub that shows "gross income"
 - Current tax records
 - Letter from employer
 - Proof of Social Security benefits
 - Alimony or child-support payments
 - Other proof (check with clinic)
- Bring proof of where you and/or your household members live. Bring one of these items:
 - Rent receipt
 - Utility bill
 - Other proof (check with clinic)
- Bring proof of identification for each person who wants WIC benefits.
Bring one of these items:
 - Driver's license
 - Birth certificate
 - School ID or work ID
 - Shot record
 - Other proof (check with clinic)
- Bring proof of pregnancy if you are pregnant.
- Each woman, infant and child who wants WIC benefits must come to the appointment.
- You will get a simple screening to find any nutrition problems

Services WIC Offers

Nutrition Education

- Nutrition counseling

Breastfeeding Support and Education

- Clients receive encouragement and instruction in breastfeeding methods.
- Clients may be eligible for a breast pump from WIC.

WIC Foods

- Milk • Cheese
- Cereals • Juices
- Eggs • Beans, peas, lentils
- Peanut butter
- Infant formula , juice and cereal appropriate for their age

Childhood Immunizations

WIC will refer you to a near-by shot clinic.

Referrals

WIC refers to a variety of health and social services including:

- Ohio Department of Jobs and Family Services
- Family Planning
- Head Start
- Early Childhood Intervention

Income Eligibility Guidelines

March 2008-February 2009

Number of Household Members*	Gross Monthly Household Income	Gross Yearly Household Income
1	up to \$1,604.00	up to \$19,240.00
2	up to \$2,159.00	up to \$25,900.00
3	up to \$2,714.00	up to \$32,560.00
4	up to \$3,269.00	up to \$39,220.00
5	up to \$3,824.00	up to \$45,880.00
6	up to \$4,379.00	up to \$52,540.00

For more than 6 household members, or if you have any income questions, call 418-224-8200. Individuals with proof of Medicaid automatically meet income eligibility.

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